

# (Informal Joint) Cabinet



St Edmundsbury  
BOROUGH COUNCIL

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| <b>Title of Report:</b>   | <b>West Suffolk: Promoting Physical Activity</b>   |              |
| <b>Report No:</b>   | <b>CAB/SE/16/033</b>   |              |
| <b>Report to and date:</b>  | <b>(Informal Joint) Cabinet</b>  | 19 July 2016 |
| <b>Portfolio holder:</b>  | Councillor Joanna Rayner<br>Portfolio Holder for Leisure and Culture<br><b>Tel:</b> 07872 456836<br><b>Email:</b> <a href="mailto:joanna.rayner@stedsbc.gov.uk">joanna.rayner@stedsbc.gov.uk</a>   |              |
| <b>Lead officer:</b>  | Jill Korwin<br>Director<br><b>Tel:</b> 01284 757252<br><b>Email:</b> <a href="mailto:jill.korwin@westsuffolk.gov.uk">jill.korwin@westsuffolk.gov.uk</a>  |              |
| <b>Purpose of report:</b>   | The <i>West Suffolk: promoting physical activity</i> document sets out a framework to enable and encourage people to lead active lives and increase activity levels across West Suffolk. This will lead to the development of area plans which will help identify gaps and prioritise actions in line with our, and our partners, priorities to increase opportunities for people to take part in physical activity.       |              |
| <b>Recommendation:</b>  | <b>It is <u>RECOMMENDED</u> that the West Suffolk: promoting physical activity framework be approved.</b>  |              |
| <i>The decisions made as a result of this report will usually be published within <b>48 hours</b> and cannot be actioned until <b>five clear working days of the publication of the decision</b> have elapsed. This item is included on the Decisions Plan.</i> |  |              |
| <b>Consultation:</b>  | <ul style="list-style-type: none"> <li>This framework has been developed in consultation with Councillors, Suffolk County Council, Sport England and Abbeycroft Leisure.</li> </ul>  |              |
| <b>Alternative option(s):</b>   | <ul style="list-style-type: none"> <li>Through this document West Suffolk councils are setting out their commitment to encouraging and enabling people to lead active lives. The benefits of this will create improved health and wellbeing outcomes for our communities. We are also setting out our intention to create an Open Space, Sport and Recreation Supplementary Planning Document for West Suffolk.</li> </ul> |              |

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|   |   | <ul style="list-style-type: none"> <li>The alternative is to do nothing, and to continue to make decisions on a case by case basis, with no overarching framework which could result in poorer health and wellbeing outcomes for local people.</li> </ul>   |                                       |
| <b>Implications:</b>  |   |   |                                       |
| Are there any <b>financial</b> implications?<br>If yes, please give details   |   | Yes <input type="checkbox"/> No <input checked="" type="checkbox"/><br><ul style="list-style-type: none"> <li>There are no financial implications as a result of this document.</li> </ul>  |                                       |
| Are there any <b>staffing</b> implications?<br>If yes, please give details  |   | Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>   |                                       |
| Are there any <b>ICT</b> implications? If yes, please give details  |   | Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>   |                                       |
| Are there any <b>legal and/or policy</b> implications? If yes, please give details  |   | Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>   |                                       |
| Are there any <b>equality</b> implications?<br>If yes, please give details  |   | Yes <input checked="" type="checkbox"/> No <input checked="" type="checkbox"/><br><ul style="list-style-type: none"> <li>The framework aims to make physical activity inclusive and accessible to all groups.</li> <li>More detailed equality implications will need to be evaluated as part of future work around localities and the development of the Supplementary Planning Document (SPD) for Open Space, Sport and Recreation in West Suffolk.</li> </ul> |                                       |
| <b>Risk/opportunity assessment:</b>   |   | None  |                                       |
| <b>Risk area</b>  | <b>Inherent level of risk</b> (before controls) | <b>Controls</b>   | <b>Residual risk</b> (after controls) |
| West Suffolk councils would not have an overarching framework against which to make decisions about provision for physical activity in each locality. This could lead to piecemeal or unequal levels of opportunities for local people. | Medium  | <ul style="list-style-type: none"> <li>Use this framework to develop plans to address gaps and opportunities in localities.</li> <li>Development of an Open Space, Sport and Recreation Supplementary Planning Document which will be in line with our priorities relating to increasing physical activity.</li> </ul>  | Low                                   |
| <b>Ward(s) affected:</b>  |   | All wards   |                                       |

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| <p><b>Background papers:</b><br/> <i>(all background papers are to be published on the website and a link included)</i></p> | <p><a href="#"><u>Executive Summary - West Suffolk Sports Facilities Assessment</u></a><br/> (as presented to the West Suffolk Joint Growth Steering Group on 8 February 2016)</p>  |
| <p><b>Documents attached:</b></p>   | <p>Appendix A: West Suffolk: Promoting Physical Activity – Framework Guidelines<br/> (Appendices to the Framework Guidelines:</p> <ul style="list-style-type: none"> <li>- Appendix A – Health data for Forest Heath District Council and St Edmundsbury Borough Council.</li> <li>- Appendix B – Participation in Sport Across Suffolk.</li> <li>- Appendix C – West Suffolk’s Physical Activity ‘Offer’</li> <li>- Appendix D – Checklist of how proposals might meet our desired outcomes.)</li> </ul> |

## **1. Key issues and reasons for recommendation(s)**

### **1.1 West Suffolk: promoting physical activity**

- 1.1.1 In October 2014 the West Suffolk Councils commissioned a joint Indoor Sports Facility and Play Pitch Strategy which was undertaken by independent consultants, 4Global. The study is a factual third-party assessment of current provision and perceived need for the major centres of population in West Suffolk.
- 1.1.2 The *West Suffolk: promoting physical activity* framework builds on the work undertaken by 4Global, to help us shape West Suffolk into a place that will achieve our aim to increase physical activity therefore improving the health and wellbeing of our residents.
- 1.1.3 Through this framework, the West Suffolk Councils set out the commitment to enable and encourage people to lead active lives thereby increasing activity levels across West Suffolk. This will lead to improved health and wellbeing for our communities resulting in less reliance on health care services. The framework also sets out the outcomes we want to see and how, with partners, we can use our role to increase participation in physical activity across West Suffolk.
- 1.1.4 Through this framework we will identify gaps and opportunities at a local level to ensure that, with our partners, we provide opportunities to take part in physical activity for all levels of ability, including formal and informal activities. This work will be supported by information contained in the 4Global assessment, together with other data and local knowledge from local councillors and West Suffolk's Families and Communities team.
- 1.1.5 In this framework we also set out our intention to develop an Open Space, Sport and Recreation Supplementary Planning Document (SPD) for West Suffolk as a whole. This will help inform how we shape the local area to support our aim to enable and encourage people to lead more active lives.